

## *The Marina Sample Lunch Menu*

### *From the Sea*

Crisp beer battered haddock served with rustic skin on chips, mushy peas and tartar sauce

£8.95

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Locally sourced mussels steamed in white wine, cream, garlic and tarragon served with skinny fries

£10.50

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Pan fried Mackerel, baby gem lettuce, beef tomato, beetroot slaw and horse radish sauce in a brioche bun served with fries and salad

£8.95

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### *From the Land*

6oz Steak mince burger topped with crisp smoked bacon, caramelised onions and smoked cheddar with baby gem lettuce and beef tomato in a brioche bun served with fries and deli slaw

£9.95

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Butter roasted chicken breast, atop creamy cheese leek, served with roasted mushroom, skin on rustic chips and house salad

£9.50

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### *From the Fields*

Chick pea, sweet potato and butternut squash green Thai curry with fluffy basmati rice

£7.95

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Mushroom and Blue cheese frittata served with a dressed salad

(Takes 12-15 minutes)

£7.50

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*Please don't hesitate to ask a member of staff about any allergy or dietary requirements*

*All our food is homemade and cooked to order, please ask about wait times during busy periods*

### Ciabattas

Beer Battered Fish Goujons with baby gem lettuce, Tartar Sauce and pea puree

£6.95

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West Country Sausages with caramelised onions and mustard mayo

£6.95

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Mixed roasted vegetables and mozzarella topped with Roquette pesto

£6.95

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All ciabattas served with a dressed salad and deli slaw

### Sides

Bowl of skinny fries £1.95

Add Cheese for 0.50p

Bowl of Rustic skin on chunky chips £2.50

Add cheese for 0.50p

Beer Battered onion rings £1.95

Deli Slaw £1.00

Ciabatta garlic bread £1.95

Add cheese for 0.50p

### Kids meals all £4.95

Duo of roasted sausages and fries

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Crisp breaded goujons and fries

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Beer Battered fish goujons, fries and mushy peas

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Tomato and mozzarella salad

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